



# **ECKANKAR *The Path of Spiritual Freedom***

## **Southern Alberta Community Events**

### **January – June 2018**

### **ECK Light and Sound Services**

You are warmly invited to attend an ECK Light and Sound Service. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works; singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour and you are invited to stay for snacks and fellowship afterwards. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

#### **Calgary**

Upper Mount Royal Community Hall 2317 10 St SW

11:00 am to noon

January 14 *HU: The Key to a Happier Life*  
February 11 *Your Steps to Spiritual Freedom*  
March 11 *How to Survive Spiritually in Our Times*  
April 8 *Finding Your Spiritual Mission*  
May 13 *HU: Soul's Love Song to God*  
June 10 *Karma: God's Love in Action*

### **Sound of Soul**

[TheSoundofSoul.org](http://TheSoundofSoul.org)

*January 27*  
*2:30 – 3:30 pm*

#### **Discover**

- Your inner guidance
- Healing for body, mind, and spirit
- A higher form of creativity

### **Free Spiritual Discussion**

*February: Date and Time TBA*

#### **Spiritual Tools for Success in Relationships**

- Experience more love, joy and inner peace.
- Heal your emotions and your body.
- Transform your life and discover who you are as Soul.

Nicholls Family Library  
Nicholls Family Library Program Room  
1421 - 33 Street SW Calgary  
Located in the Westbrook CTrain Station

**Alberta:** [www.eckankar.ab-ca](http://www.eckankar.ab-ca) **Calgary:** 403-287-8712 [www.meetup.com/Calgary-Spiritual-Experiences](http://www.meetup.com/Calgary-Spiritual-Experiences)  
**Lethbridge:** Recorded message: 403-327-4804 **Okotoks:** 403-995-3764