



# ECKANKAR The Path of Spiritual Freedom

## Southern Alberta Community Events

### September – December 2017

### Spiritual Discussions

#### *Past Lives, Dreams and Soul Travel*

Have you had a spiritual experience?

**FREE ECKANKAR'S Spiritual Experiences Guidebook** for each guest

**Saturday, September 30**

#### **Calgary**

2:30 to 4:00 pm

Nicholls Family Library  
Nicholls Family Program Room  
1421 - 33 Street SW Calgary  
Located in the Westbrook  
CTrain Station

**Sunday, October 1**

#### **Lethbridge**

1:00 pm to 2:30 pm

Casa Arts Centre  
230 8 St South

#### *Spiritual Wisdom on Life After Death*

Explore the eternal nature of you!

**FREE book** for each guest

**Sunday, November 5 Lethbridge**

1:00 pm to 2:30 pm

Casa Arts Centre 230 8 St South

### **ECK Light and Sound Services**

You are warmly invited to attend an ECK Light and Sound Service. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works; singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

#### **Calgary**

Upper Mount Royal Community Hall  
2317 10 St SW

10:00 am: Community HU Song  
11:00 am: ECK Light and Sound Service

Sept. 10: *Benefits of Soul Travel*  
Oct. 8: *Being in Agreement with God's Will*  
Nov. 12: *Giving: The Secret of Receiving*  
Dec. 10: *Dreams: A Source of Truth*

### **Community HU Songs**

[www.HearHU.org](http://www.HearHU.org)

Experience the simplicity, grace  
and divine love of the HU Song.

A very short introduction to the HU Song is followed by twenty minutes of singing HU together. After the HU Song, join the group for a light snack and time to talk about your spiritual experiences.

#### **Calgary**

Upper Mount Royal Community Hall  
2317 10 St SW

*Fridays, 7:30 pm:*

*July 28, Aug. 25, Sept. 22, Oct. 27, Nov. 24, Dec. 22*

*Sundays, 10:00 am, before the ECK Light and Sound Service*

#### **Lethbridge**

Casa Arts Centre 230 8 St S  
*Sundays, at 11:00 am: Oct. 29, Nov. 26*

**Alberta:** [www.eckankar.ab-ca](http://www.eckankar.ab-ca) **Calgary:** 403-287-8712 [www.meetup.com/Calgary-Spiritual-Experiences](http://www.meetup.com/Calgary-Spiritual-Experiences)  
**Lethbridge:** Recorded message: 403-327-4804 **Okotoks:** 403-995-3764